February 4th, 2022

The Newly Institute

2303 4 St SW

Calgary, Alberta

T2S 2S7

Re: Endorsement of the Newly Institute

Dear Sir or Madam:

I am writing this letter in support of the cutting –edge services provided by the Newly Institute. In recent years the mental health issues being faced by our first responders has been brought to the forefront of concern for our police service. Through education and training our officers are recognizing symptoms of stress related injuries earlier in their careers and are looking for intervention prior to it becoming debilitating for themselves and their families.

Our executive, who represents 190 unionized officers have had the opportunity to sit through a presentation by Dr. Rob Tanguay on the innovative approach the Newly Institute takes to treating mental health issues with first responders. The emphasis placed on early intervention and an evidence based approach to treatment is refreshing and long overdue for people faced with working as a first responder and dealing with the day to day stress that comes with these roles.

Through the last number of years we’ve had a large number of officers off work due to stress related injuries. I’m confident if we had access to the Newly Institute’s rapid response treatment a number of those same officers would have found the support and confidence to return to their duties and resume the life they built for themselves and their families.

We hope that this is only the beginning for the Newly Institute and that our officers have the opportunity to benefit from their treatment programs.

Regards,

Sgt. Angus Boudreau,

Cape Breton Regional Police Service

President

NSGEU – Local 1995